



Tami Fife, M.H.S.

Chief Operating Officer

Melissa Mezo, LCSW

Behavioral Health Director

Terry Reilly Health Services



Mission:

Terry Reilly, in the tradition of our founders, is a community health center dedicated to providing affordable, comprehensive health care to everyone in our community to improve health and quality of life.



Background

- Community Health Center located in Southwest Idaho
- Established in 1971
- Celebrating 50 years of service
- +/- 425 employees and \$45 million in annual operations
- Joint Commission Accredited and NCQA Recognized health care provider



What is a Community Health Center?



Community-Centered, Patient-Directed Health Care Organization. Differentiating Federal Requirements:

- Prioritize high-need, disparate or underserved communities and populations, emerging community health needs, and social determinant impacting health
- Governed by a patient centered Board of Directors
 - 51% + of Directors are patients
- Offer comprehensive health care services including:
 - Primary Care/Psychiatry
 - Dental
 - Behavioral Health and Substance Use Disorder
 - Pharmacy
 - Supportive services (patient navigation, nutrition, education, translation, etc.)
- Sliding and nominal fees schedule, based on ability to pay
- Demonstrate compliance with federal fiduciary, performance and accountability requirements.

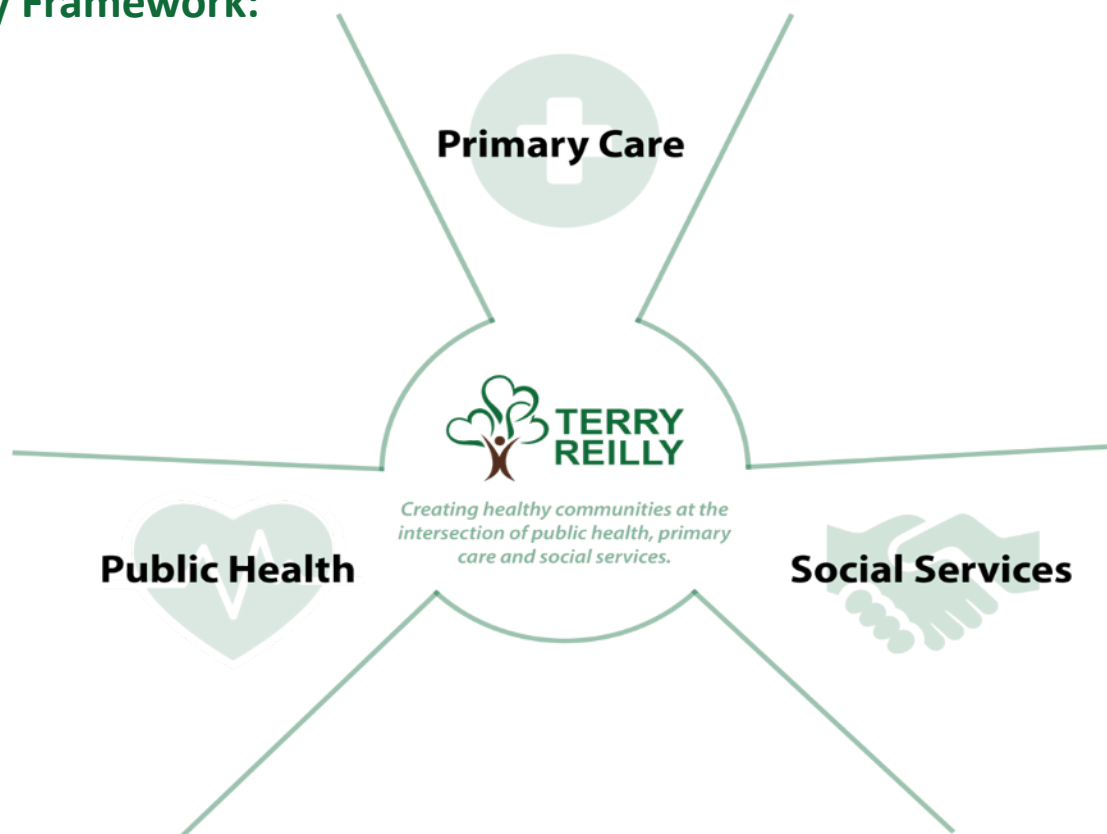
Source: Centers for Disease Control and Prevention, [cdc.gov](https://www.cdc.gov)



What is a Community Health Center?



Care Delivery Framework:



Determinants of Health



SOCIAL SUPPORT

Example:
Patient Navigators



SAFETY & SECURITY

Example:
SANE Solutions Program



HOUSING

Example:
Caldwell Cleveland



FOOD SECURITY

Example:
Farm to Table Food Distribution

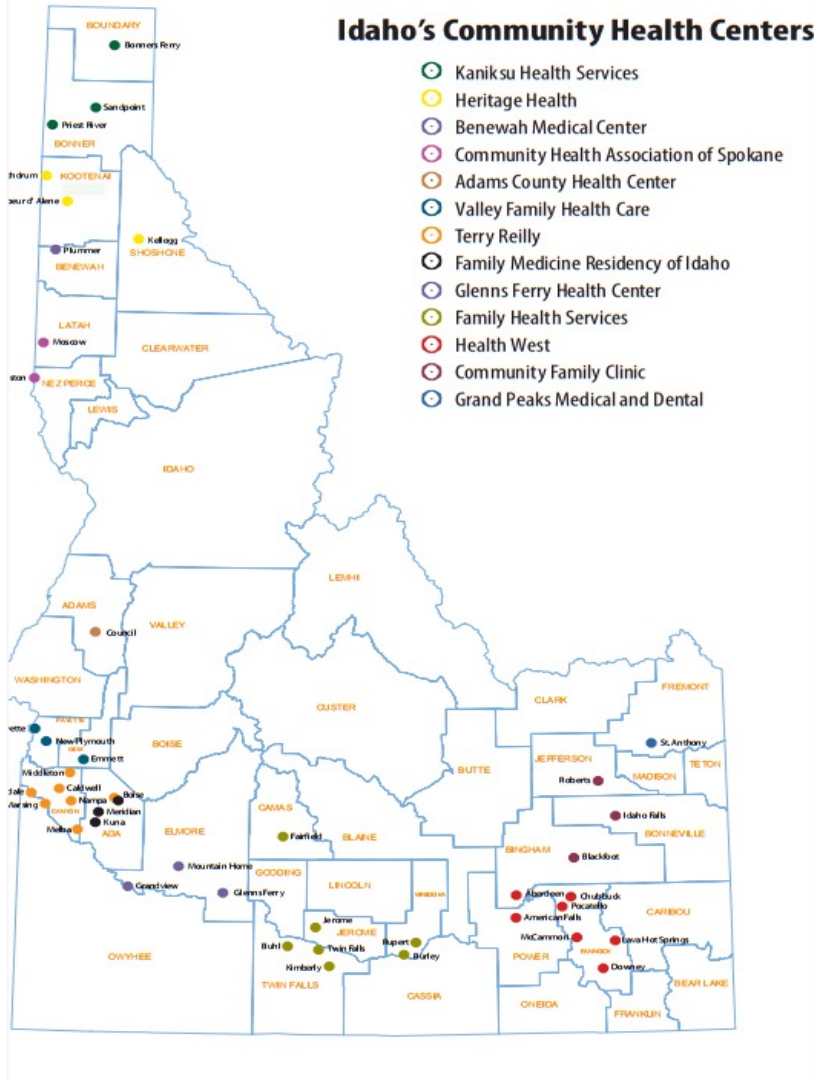


EDUCATION

Example:
Cooking Matters Partnership

A State and National Network

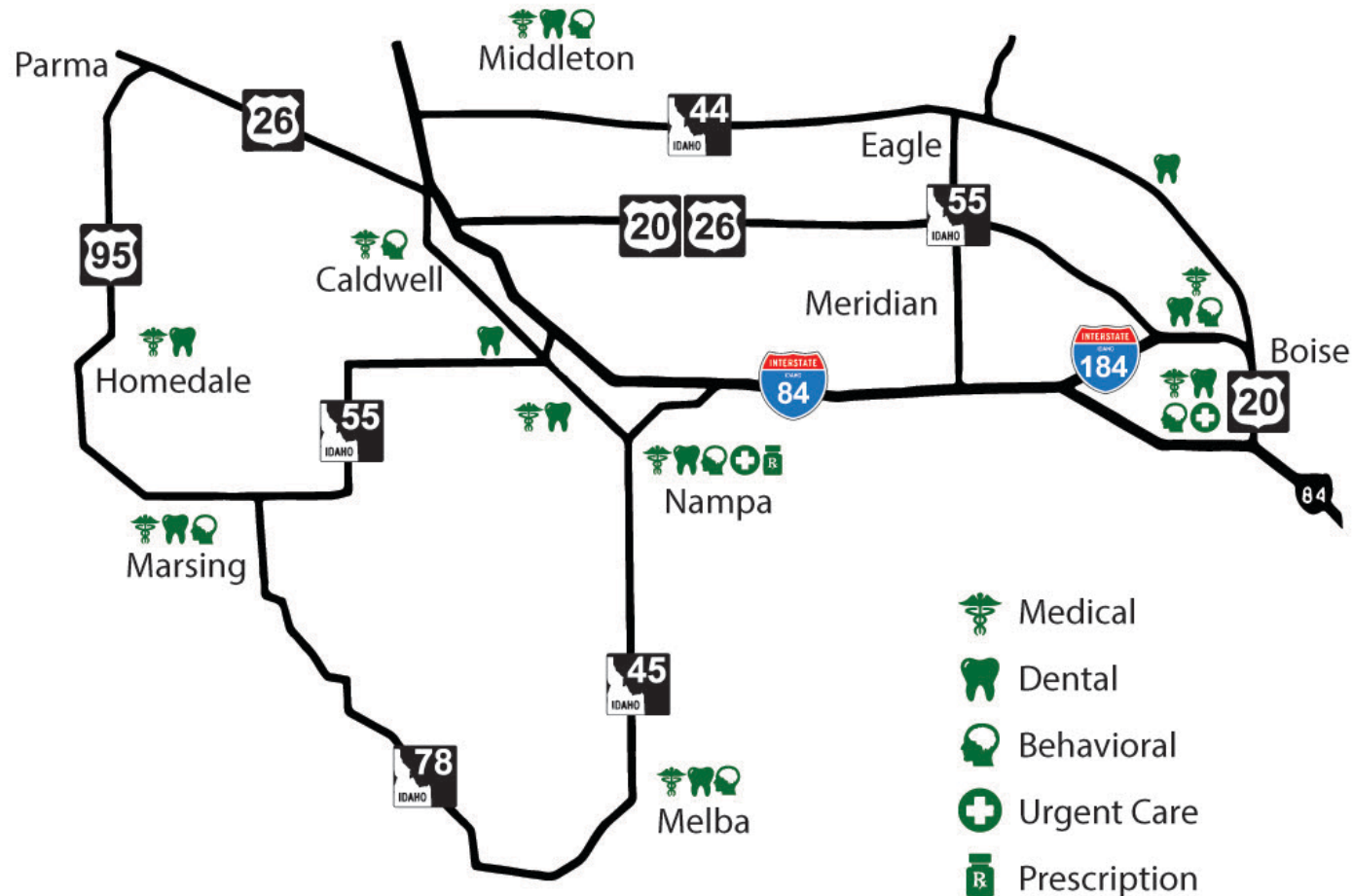
Idaho's Community Health Centers



- Health care home to 30 million nationally
 - 1 in 15 Americans
- \$24 billion annual savings in health care spend
- Health Centers serve 202,700 Idahoans
- 52% of uninsured Idahoans use a health center
- Idaho has 16 Community Health Center organizations operating 77 clinics in 42 communities

Who We Serve

Seven Communities Across the Treasure Valley

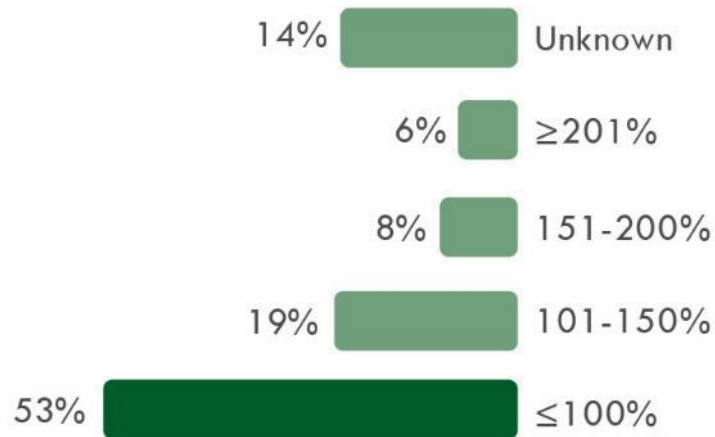


Terry Reilly Patients

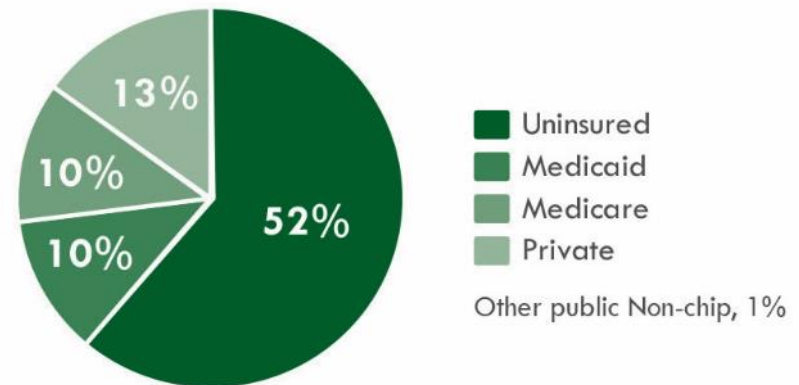
CY 2019



- + 37,000 Medical, Dental and Behavioral Health Patients
- +130,000 Patient Visits



Patient income by percentage
of the Federal Poverty Level



Percent of patient population
by insurance coverage



Patient Demographics



3%

Veterans

8%

Agriculture
Workers

9%

Homeless

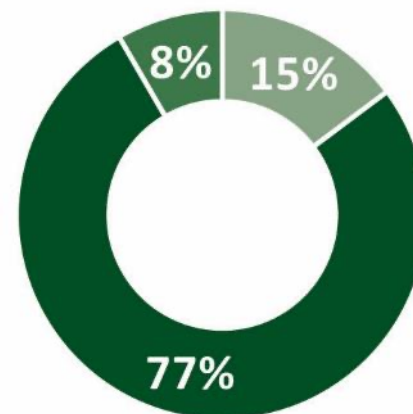


45%



55%

Patients by Agegroup

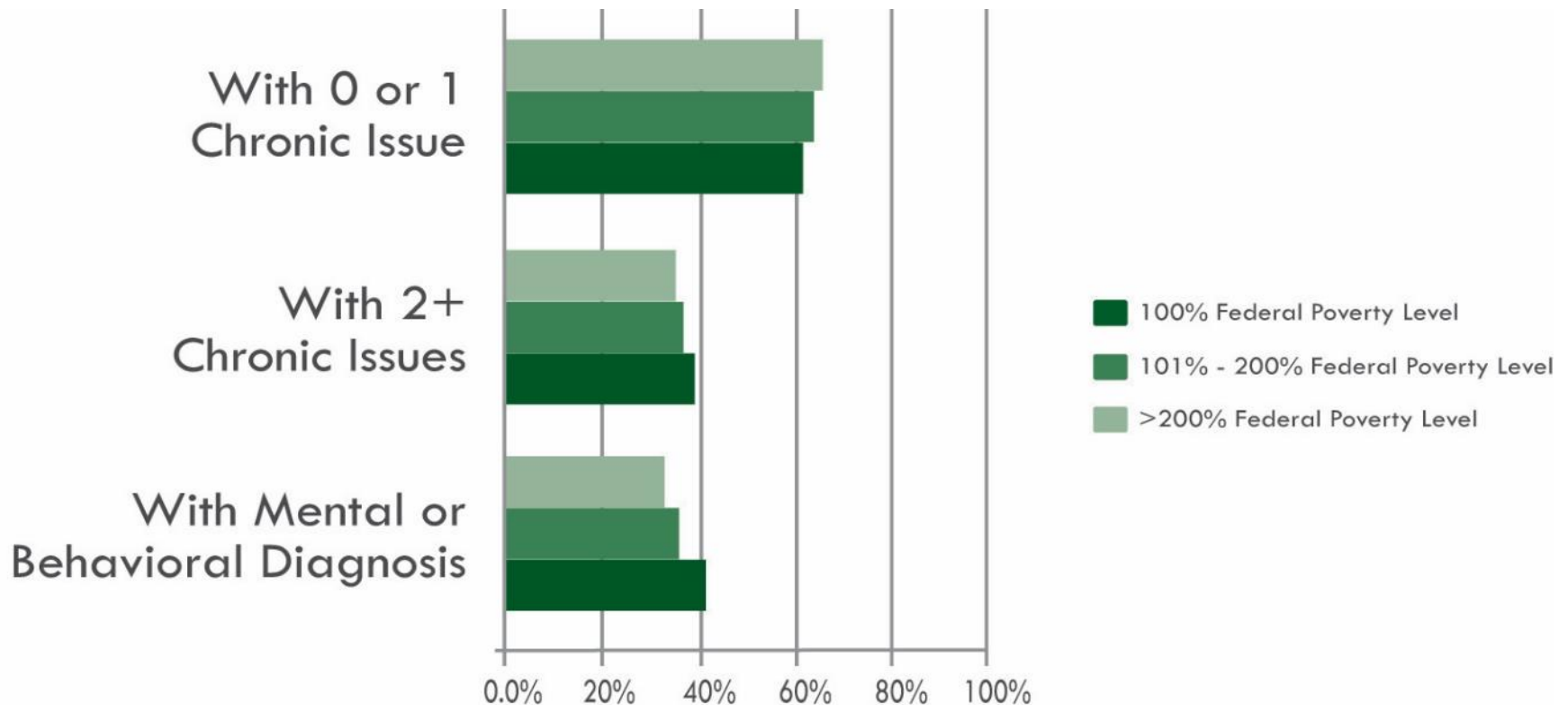


■ ≤18 ■ 18-64 ■ 65+

Health Status

Mental Health and Chronic Disease

*43% of medical patients also access behavioral health services





A LOOK AT THREE CURRENT ACTIVITIES

Caldwell Cleveland Project

Housing

- Partnership with local developer
- 50 affordable rental rate apartments
- 55+ Community

Health Care

- Dental Care
- Behavioral Health Services
- Pharmacy
- Primary Care
 - Chronic and acute primary health care
 - OB and Pediatrics
- Supportive Services (Patient Navigators)



COVID Vaccinations



- Collaborative effort with SWDH, CDH and other community partners
- Vaccination clinics on site and in the community
- Over 16,000 vaccines administered
- Mobile Vaccine Clinics
 - Rural Clinics
 - Local Businesses
 - Housing Authority
 - Community Partnerships



BEHAVIORAL HEALTH




- **Community Safety**
 - Adult and juvenile sexual offender treatment
 - Domestic violence batterer treatment
- **Trauma Services**
 - Counseling for victims of traumatic events
- **Substance Use, Mis-Use and Abuse**
 - MAT Treatment
 - Allumbaugh House
 - Treatment Engagement
 - Drug Take Back Program
- **Other**
 - General Counseling
 - School based counseling
 - Psychiatry

Adult Sexual Offender Treatment

- 418 patients
 - Approximately 5,600 visits
 - Recidivism rates: Approximately 10% - 15%
 - Re-offense rates: 3% - 5%
 - Gender:
 - Male: 397
 - Female: 21
-

Treatment Modality:

Cognitive Behavioral Therapy: a psycho social intervention which focuses on challenging and changing cognitive distortions and behaviors.




Juvenile Sexual Offender Treatment

- 70 patients
 - Approximately 1,000 visits
 - Gender:
 - Male: 68
 - Female: 2
-

Treatment Modality:

Cognitive Behavioral Therapy: a psycho social intervention which focuses on challenging and changing cognitive distortions and behaviors.




Domestic Violence Batterer Treatment

- 220 patients
 - Approximately 4,301 visits
 - Gender:
 - Male: 207
 - Female: 13
-

Treatment Modality:

Moral Reconciliation Therapy: Cognitive based program incorporating Kohlberg's Levels of Cognitive Reasoning, and Humanist concepts. Homework focuses on concepts of Accountability, Honesty, Trust, Acceptance, Identity, Values, Awareness, Time-Outs, Empathy, and Goal-Setting.




Trauma Counseling Services

- 572 patients
 - Approximately 8,682
 - Gender:
 - Male: 125
 - Female: 44
-

Treatment Modality:

EMDR- Eye Movement Desensitization and Reprocessing Therapy: A structured therapy that encourages the patient to briefly focus on the trauma memory while simultaneously experiencing bilateral stimulation (typically eye movements), which is associated with a reduction in the vividness and emotion associated with the trauma memories.

DBT- Dialectical Behavioral Therapy: An effective, empirically supported cognitive therapy based intervention for teaching skills that help in coping with sudden intense emotions.




School Based Treatment Statistics

- 302 patients
 - Approximately 2,829 visits
 - Gender:
 - Male: 141
 - Female: 161
-

Treatment Modality:

Any and all applicable treatment modalities based on patient presentation.



**Thank
you!**



**TERRY
REILLY**
Your Health. Our Mission.

